

BECOME A VOLUNTEER!

YOU CAN MAKE A DIFFERENCE !

- * **Elder Abuse and Consumer Fraud Prevention**
- * **GeorgiaCares**
- * **Georgia Council on Aging**
- * **Long Term Care Ombudsman**
- * **Nutrition and Delivery of Meals**
- * **Wellness**
- * **Supportive Services and Senior Centers**
- * **Other special projects**

WHAT YOU CAN GET OUT OF VOLUNTEERING:

- * Meet people
- * Learn skills
- * Help people who need it
- * Get a reference
- * Build or improve your resume
- * Flexible hours
- * Volunteer in your community
- * Explore a variety of opportunities for a variety of needs

Reaching out to Older Georgians

Division of Aging Services
 Attn: Sheila Phillips
 Two Peachtree St., N.W.
 Suite 9.398
 Atlanta, Georgia 30303-3142

Email: slphillips@dhr.ga.gov
<http://aging.dhr.georgia.gov>

To locate aging services outside of Georgia call the toll free National Elder Care Locator at 800-677-1116.

To locate aging services in Georgia call 866-55AGING.

Last revision: February 2010

Reaching out to Older Georgians



INTERESTED IN:

- * **VOLUNTEERING?**
- * **INTERNSHIP OPPORTUNITIES?**
- * **SERVICE LEARNING HOURS?**



DIVISION OF AGING SERVICES

The federal Administration on Aging awards Older Americans Act funds to the Georgia Department of Human Services Division of Aging Services (DAS). The funds are for supportive home and community based services. In addition to funding critical nutrition and supportive services, the funds are for elder rights programs, including the Long-Term Care Ombudsman Program, legal services, outreach, and elder abuse prevention efforts. The Division designated 12 planning and service areas called Area Agencies on Aging (AAA). The Division and the AAAs tailor programs to meet the specific needs of older persons residing in those areas.

VOLUNTEER AND INTERNSHIP OPPORTUNITES WITH THE AREA AGENCIES ON AGING

The 12 *Area Agencies on Aging (AAA)* are the gateway to community resources for older adults to find housing, attend senior centers, receive home-delivered meals, locate and attend adult day care, get information on Medicare, Medicaid and prescription assistance programs and more. Placement opportunities exist at the local AAA depending on the type of projects, the work available, the interests, and qualifications of the individual.

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|--------------------------|---|-------------------------------|---|
| * SENIOR CENTER PROGRAMS |  | * MEALS ON WHEELS DELIVERY |  |
| * ADULT DAY CARE |  | * FRIENDLY VISITING |  |
| * TELEPHONE REASSURANCE | | * HEALTH PROMOTION ACTIVITIES | |

Atlanta Regional Commission
 Contact: Kristie Sharp 404-463-0437
 Counties served: Cherokee, Clayton, Cobb, DeKalb, Douglas, Fayette, Fulton, Gwinnett, Henry, Rockdale

Central Savannah River Area
 Contact: Lauren Spivey 706-210-2000 ext. 168 or 888-922-4464
 Counties served: Burke, Columbia, Glascock, Hancock, Jefferson, Jenkins, Lincoln, McDuffie, Richmond, Screven, Taliaferro, Warren, Washington, Wilkes

Coastal Georgia
 Contact: Loreatha Jenkins 912-262-2843 or 800-580-6860
 Counties served: Bryan, Bulloch, Camden, Chatham, Effingham, Glynn, Liberty, Long, McIntosh

Heart of Georgia
 Contact: Kathy Keith 888-367-3648
 Counties served: Appling, Bleckley, Candler, Dodge, Emanuel, Evans, Jeff Davis, Johnson, Laurens, Montgomery, Tattall, Telfair, Toombs, Treutlen, Wayne, Wheeler, Wilcox

Legacy Link
 Contact: Dorothy Suchke 770-538-2650 or 800-845-5465
 Counties served: Banks, Dawson, Forsyth, Franklin, Habersham, Hall, Hart, Lumpkin, Rabun, Stephens, Towns, Union, White

Middle Georgia
 Contact: Butch Swinney 478-751-6489 or 888-548-1456
 Counties served: Baldwin, Bibb, Crawford, Houston, Jones, Monroe, Peach, Pulaski, Putnam, Twiggs, Wilkinson

Northeast Georgia
 Contact: Peggy Jenkins 706-369-5650 or 800-474-7540
 Counties served: Barrow, Clarke, Elbert, Greene, Jackson, Jasper, Madison, Morgan, Newton, Oconee, Oglethorpe, Walton

Northwest Georgia
 Contact: Kerry DeFoe 800-759-2963
 Counties served: Bartow, Catoosa, Chattooga, Dade, Fannin, Floyd, Gilmer, Gordon, Murray, Paulding, Pickens, Polk, Walker, Whitfield

River Valley
 Contact: Tiffany Ingram 706-256-2910 or 800-249-7468
 Counties served: Chattahoochee, Clay, Crisp, Dooley, Harris, Macon, Marion, Muscogee, Quitman, Randolph, Schley, Stewart, Sumter, Talbot, Taylor, Webster

Southern Georgia
 Contact: Wanda Taft 912-287-5888 or 888-732-4464
 Counties served: Atkinson, Bacon, Ben Hill, Berrien, Brantley, Brooks, Charlton, Clinch, Coffee, Cook, Echols, Irwin, Lanier, Lowndes, Pierce, Tift, Turner, Ware

Southwest Georgia
 Contact: Anne Bragg 229-432-1131 or 800-282-6612
 Counties served: Baker, Calhoun, Colquitt, Decatur, Dougherty, Early, Grady, Lee, Miller, Mitchell, Seminole, Terrell, Thomas, Worth

Three Rivers Southern Crescent
 Contact: David Busch 678-552-2838 or 866-854-5652
 Counties served: Butts, Carroll, Coweta, Heard, Lamar, Meriwether, Pike, Spalding, Troup, Upson

INTERNSHIPS WITH THE DIVISION OF AGING SERVICES

The Division welcomes interns and volunteers with special talents, such as excellent research skills or professional-level writing experience.

Internship projects vary in frequency and according to need, by section and supervisor.

DESIRED QUALIFICATIONS:

- * Proficiency in common computer software such as Microsoft Word and Excel
- * Interests and skills that complement and add value to the project
- * Good writing skills

GENERAL DUTIES:

- * Analysis
- * Research

COMPENSATION:

- * Internships with the Division of Aging Services provide opportunities for growth and development.
- * Internships are not paid positions.

FOR MORE INFORMATION:

For more information regarding the Division of Aging Services and a listing of programs at the Division, visit <http://aging.dhr.georgia.gov/portal/site/>.

To discuss possible internship placement opportunities, call Sheila Phillips at 404-657-5253.

GENERAL VOLUNTEER OPPORTUNITIES

ELDER ABUSE AND CONSUMER FRAUD PREVENTION

Elder Abuse and Consumer Fraud Prevention provides community education and professional training on elder abuse, neglect and exploitation (including financial exploitation). Education is also provided on consumer fraud that affects the elderly such as telemarketing fraud, home repair fraud and identity theft.

GENERAL DUTIES:

- * Educate seniors and professionals.
- * Develop educational or public awareness materials.

FOR MORE INFORMATION:

Please call Jennifer Hogan at 404-657-5298.



VOLUNTEER OPPORTUNITIES REQUIRING SPECIFIC TRAINING

GEORGIA CARES

GeorgiaCares helps people with Medicare understand their choices and get the most out of your healthcare benefits. This program is the State Health Insurance Assistance Program (SHIP) and SMP. GeorgiaCares provides individual one-on-one counseling, community education and outreach about:

- * Original Medicare
- * Medicare Supplement Insurance
- * Medicare Advantage Plans
- * Medicare Prescription Drug Plans
- * Medicare Appeals and Grievances
- * Healthcare Rights and Protections
- * Financial Assistance Programs
- * Long Term Care Insurance
- * Georgia Long Term Care Partnership
- * Prescription Assistance
- * Healthcare Fraud
- * Consumer Protection

TYPES OF VOLUNTEERS

GeorgiaCares' volunteer program is called *PEACH* Pals. An individual can volunteer to be a *Partner, Educator, Administrator, Counselor* or *Hero*. It is a requirement that *PEACH* Pals commit at least 4 hours per month for at least six months to the GeorgiaCares Program.

FOR MORE INFORMATION:

Please call 800-669-8387.



VOLUNTEER AND INTERNSHIP OPPORTUNITIES

LONG-TERM CARE OMBUDSMAN PROGRAM

A *Long-Term Care Ombudsman* seeks to improve the quality of life of residents of nursing homes and personal care homes.

SPECIFIC VOLUNTEER DUTIES:

- * Visit residents; identify complaints and concerns.
- * Monitor facilities for residents' rights issues as well as for resident care and staffing concerns, while maintaining confidentiality.
- * Identify issues, complaints and concerns that should be referred to a Staff Ombudsman.
- * Encourage self-advocacy and interaction among residents and between residents, staff and the community.
- * Submit monthly report. Attend required training.

TYPES OF VOLUNTEER OMBUDSMAN:

Volunteer Visitor: Volunteer Visitors provide essential support to Staff Ombudsmen by visiting residents, identifying problems and making referrals. Training provided at local level.

- * *Certified Volunteer Ombudsman:* A Certified Volunteer Ombudsman is authorized to conduct complaint investigations. Training requirements include 24 hours of classroom training, 10 days of documented field visits and passing grades on written and oral exams.
- * *Note:* All volunteer ombudsman positions require a background check.

VOLUNTEERS are also sought for clerical assistance at the state office and many local offices.

INTERNSHIPS:

Nonpaid internships in our state office in downtown Atlanta may be available to undergraduate and graduate students specializing in an aging or aging-related field. Intern projects may include but are not limited to: public policy, volunteer development, and event planning.

FOR MORE INFORMATION on LTCO Volunteer or Internship Opportunities: Call 888-454-5826 or visit <http://www.georgiaombudsman.org/help.asp>.

