

Employee Assistance

The Department of Human Resources recognizes that problems of a personal nature, such as stress, depression, family problems or substance abuse, can have a negative effect on employees' work behavior or performance. It also recognizes the need for an employee assistance program since many personal problems can be dealt with successfully if identified early and appropriate care is received.

The State Health Benefit Plan provides a behavioral health services benefit in order to assist employees in the areas of mental health and substance abuse. Employees are encouraged to seek assistance for personal problems that may be having a negative effect on work behavior or performance.

Contact information for behavioral health services depends upon the type of health insurance that employees have through the State Health Benefit Plan. Magellan Behavioral Health provides services to employees with all types of health insurance through the plan except Kaiser Permanente, which provides services directly to its members. Below are telephone numbers for employees seeking assistance.

❖ Indemnity Option, PPO Option, PPO Choice	1-800-631-9943
❖ Cigna	1-800-365-8329
❖ BlueChoice	1-800-292-2879
❖ Kaiser Permanente	Tucker: (770) 496-3610 Atlanta: (770) 431-4145 Duluth: (770) 931-6200 Jonesboro: (770) 603-3632
❖ United Healthcare HMO	1-866-527-9599

For specific information, please refer to the *Health Plan Decision Guide* published by the Georgia Department of Community Health. Please contact your supervisor, human resource/personnel representative or the Office of Human Resource Management - Operations and Benefits Section for a copy of this guide.

